

## Little Heroes is a Support Group for families of children who are diagnosed with, or are going through a diagnosis of ASD - Autism.

We are based at **Summercourts Children Centre**, meeting every Friday during term time **10am to 2pm**.

Families, children, and siblings are welcome.

In addition, we offer activities throughout the school holidays and provide suitable events for families whilst offering them the chance to socialise with other likewise families whilst receiving advice and support from one another, as well as potentially creating new friendships within a circle of support. In addition we invite professionals along to these meetings and activities so families can benefit from their information and advice, it also makes it simpler for them to connect with these people that they may be weary of or find it a little daunting. Our intentions are that all children no matter what their ability/ disability is that they will be able to participate in activities and events that other neurotypical children can do, we give families the means to do this by arranging such activities in safe and secure surroundings.

We offer support and advice via our parenting and professional connections network. We aim to work with families as soon as autism is discovered as a possibility.

Families are always welcome to our weekly sessions no matter what the age is of their child/children (after all, our parents have lived and learned and are the experts who can pass on their knowledge and give support to others). However, due to our activities, children centre location, and the fact that we now have many children that are approx 18 months plus, we have an approx upper age limit for the children we put activities on for where appropriate.

For further information, please find us on facebook by searching 'Little Heroes ASD Support' or contact us via emailing [littleheroes.asd@gmail.com](mailto:littleheroes.asd@gmail.com).

### Who to contact

<b>Name</b>	Kim Drake
<b>Position</b>	ASD Mum, Co-founder and Secretary
<b>Telephone</b>	07379 897947
<b>Email</b>	<a href="mailto:littleheroes.asd@gmail.com">littleheroes.asd@gmail.com</a>
<b>Website</b>	<a href="#">Facebook Page - Little Heroes ASD Support</a>
<b>Facilities</b>	Outside Play Area Wheelchair access Garden Smoke Free Environment Free of Charge Play Room
<b>Venue Facilities</b>	Access Toilets available Wheelchair access

### Where to go

<b>Venue address</b>	Summercourt Children's Centre Summercourt Road Westcliff-on-sea
<b>Postcode</b>	SS0 7AT
<b>Additional Notes</b>	In addition we offer travelling sessions out and about in the community. Check out our social media for more up to date regular information.

### When is it on?

<b>Date &amp; Time Information</b>	Weekly sessions 10am to 2pm. Please visit our Facebook page for up to date information regarding sessions and activities or email for further information.
<b>Session Information</b>	Friday 10:00 - 14:00
<b>When is the service available</b>	Weekly sessions operate term time  Family activities available throughout the School holidays

### Other details

<b>Referral required?</b>	No
<b>Age Range</b>	Birth to 4 years 5 to 10 years 11 years +
<b>Related Links</b>	<a href="#">Little Heroes ASD</a> <a href="#">Southend Carers</a> <a href="#">Healthwatch Southend</a> <a href="#">National Autistic Society</a> <a href="#">SHIP Directory for Southend</a>

Southend Wheelchair Services  
The Continnence Service  
The Southend Sunflower Trust  
The Dream Team Charity  
Wipe Away Those Tears Charity  
The Family Fund  
The Papworth Trust  
SNAP Charity

## Local Offer

**Contact Name** Kim Paterson  
**Contact Telephone** 01702 220810  
**Contact Email** [kim.paterson@family-action.org.uk](mailto:kim.paterson@family-action.org.uk)  
**Local Offer Age** Parents / Carers and Families  
**Bands** Primary (4-11 years)  
Toddlers and Pre-school (1-4 years)  
Babies (0-1 year)  
**SEN Provision Type** Targeted



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**Last Updated:** 31/05/2019